Work-Life Services | Financial Counselling & Consultation

Financial Support Services



Eligible FSEAP clients can receive access to Financial Counsellors and Consultants' advice on all financial matters including, but not limited to: financial planning, debt counseling, credit counselling, tax and accounting.

FSEAP offers two options for Financial Support; Financial Counselling offers ongoing financial and personal support, while while Financial Consultation can provide quick, practical answers to common financial questions and concerns.

1. Financial Counselling - In Person or Telephone

Service Description: FSEAP's Financial Counselling services allow clients to meet with a Financial Consultant who is also a Registered Clinical Counsellor in person or over the phone. The counsellor offers eligible clients analysis based on the appraisal of the clients' financial position to identify planning and net worth building capabilities. The counsellor may also provide clinical support on the driving beliefs behind each particular financial position, the causes of financial distress, or the consequences of monetary constraints.

Financial Counsellors specialize in budgeting, financial modeling, investments, and debt management. Because we find that many of the common causes of financial distress include relationship issues, separation and divorce, addictions, anxiety, depression, health issues, work performance, stress, and trauma, FSEAP's Financial Counselling aims to not only address your ongoing financial concerns, but also tackle the underlying issues.

2. Financial Consultation - Telephone

Service Description: FSEAP's network of financial consultants will provide up to 45 minutes of personalized financial consultations. Each financial advisory consultant is a highly qualified, experienced and credentialed professional. Financial consultants have various backgrounds including accountants, certified financial planners, and debt collection managers. Consultants may:

- Provide credit counseling;
- Educate on financial planning;
- Assist with budgeting; or
- Educate on tax planning.

At intake, you will be asked to provide three windows of time in which you can receive a call from a financial consultant. Calls will occur within one of the three windows of time, but the consultant will make their best efforts to attempt contact during the first call back window. Consultants will telephone during identified call back times and provide you with you desired consultations to a maximum of 45 minutes per issue.

Please call our 24 hour intake line for a referral to FSEAP's Financial Support Services at 1-800-667-0993

